

PHYSICIAN EXAMINATION FORM

Site ID: ___ Individual ID: _____

All elements required unless otherwise indicated.

Physician: _____

Year of Visit: _____

Sex (check one): Male Female

Year of birth: _____

Weight: _____ lbs Height: _____ inches

Type of PN (check one): Painful Non-Painful

Primary Diagnosis:

- Diabetic PN
 - Type 1 Type 2 Pre-Diabetic
- Chemotherapy-Induced PN
- Idiopathic PN
- HIV/ AIDS PN

Secondary Diagnosis: _____

CRANIAL NERVE EXAM

For the following tests, please check one response.

Facial sensation (to pinprick): Normal Abnormal ND

Facial movement (full/ symmetrical): Normal Abnormal ND

Hearing (to finger rubbing): Normal Abnormal ND

MUSCLE EXAMINATION

Use scale: 0= absent; 1= reduced; 2= normal; ND= not done.

Upper Extremities	Right	Left
Arm abduction		
Elbow flexion (biceps)		
Elbow extension		
Wrist extension		
Wrist flexion		
Finger extension		
Finger flexion		
Interossei and ADM		
Abductor pollicis brevis		
Lower Extremities	Right	Left
Hip flexion		
Knee extension		
Knee flexion		
Ankle dorsiflexion		
Great toe dorsiflexion		
Great toe plantar flexion		

Use scale: 0= absent; 1= reduced; 2= normal; 3= brisk.

Deep Tendon Reflexes	Right	Left
Biceps		
Triceps		
Brachioradialis		
Patellar		
Achilles		

For the following tests, please check one response.

Gait: Normal Abnormal Not done

Tandem gait: Able Not Able Not done

Toe walk: Able Not Able Not done

Heel walk: Able Not Able Not done

Romberg: Present/ Positive Absent/ Negative Not done

SENSORY EXAMINATION

Use scale: 0= absent; 1= reduced; 2= normal; ND= not done. Stop at first normal level; if sensation at Toes is reduced or absent, proceed to Ankles & Fingers.

	Right	Left
Pinprick		
Toes*		
Ankle		
Fingers		
Cold sense: Use ice-cold tuning fork (optional)		
Toes*		
Ankle		
Fingers		
Vibration sense: Use Rydell-Seiffer tuning fork		
Toes*		
Ankle		
Fingers		
Joint position sense		
Toes*		
Ankle		
Fingers		
Touch using monofilaments (optional)		
Toes*		
Ankle		
Fingers		

Normal, Reduced and Absent are defined using the tables below.

Vibration normal values:

Age	Upper Limb	Lower Limb
≤40	≥6.5	≥4.5
41-60	≥6.0	≥4.0
61-85	≥6.0	≥3.5
>85	≥5.5	>3.0

Upper extremities – dorsum of index finger DIP joint, ulnar styloid process. Lower extremities – dorsum of IP of hallux, int. or ext. malleolus

Touch normal values:

TOES/ANKLE	FINGERS	Color	Description
2	0.07 g	Green	Normal
	0.4 g		
1	1.0 g	Purple	Diminished protective sensation
	2.0 g		
	4.0 g		
0	10.0 g	Red	Loss of protective sensation
	300 g		
	300 g		Deep pressure sensation only

Insert absolute values in the tables below.

Vibration using the Rydell-Seiffer tuning fork:

Site	Right	Left
Toes		
Ankle		
Fingers		

Touch using monofilaments (optional):

Site	Right	Left
Toes		
Ankle		
Fingers		